

# Family Resource Network of Central Florida

**We're PUTTING the BEAT in Diabetes!**

The **Family Resource Network of Central Florida** is a community-based network for children and teens with diabetes and their families. It is coordinated locally by parent volunteers (who have diabetic children) and is supported by regional and national ADA staff members.

We provide information and services including **education, social events** and **advocacy** (including school health care assistance) to families living with diabetes throughout Central Florida (Orange, Seminole, Osceola, Volusia, Brevard and Lake County).

We are dedicated to strengthening relationships between *children* with diabetes, their *families*, their *diabetes care team* and their *school* and improving education and awareness throughout Central Florida.

There is **no cost** to be a member of this network and your membership in the American Diabetes Association is encouraged but not required.

**We sponsor many fun, family-oriented events and projects including:**



- ▶ Potluck Dinner Meetings
- ▶ Periodic "Family Link" meetings for newly-diagnosed families
- ▶ "Mom's Night Out"
- ▶ Spring Picnic
- ▶ "Back to School" Health Care Planning & Advocacy Workshop
- ▶ Halloween Party
- ▶ Orlando Christmas Parade participants
- ▶ University of Florida diabetes research facility tour
- ▶ "Young Eagles" Program flights (compliments of the Exp. Aircraft Assoc.)



- ▶ Wet 'n Wild Family Day & Concert
- ▶ and our signature ... **"Partners In Care"** School Caregiver's Appreciation Project

**To discuss a question or issue with other parents or to find out how you and your family can become more involved, contact us today!**



**E-mail:**  
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**Voice Mail:**  
(407) 660-1926  
x-3038

**Outside Orlando:**  
(800) 676-4065  
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32751**

For general information  
and to order your free  
Wisdom Kit:

**1-800-  
DIABETES**

[www.DIABETES.org](http://www.DIABETES.org)

*You're child is  
not alone ...  
and neither  
are you!*

